



RIDING SKILL ASSESSMENT

We will give you a call once you have made your booking to more thoroughly understand your skill level and fitness levels but this guide is just so we are all on the same page. We tailor each day riding for the conditions and the skill level of the riders. We also group riders into similar skill levels so everyone has the best experience.

If you are unsure about your skill levels get in touch at team.adventurefuel@gmail.com

LEVEL 1: (BEGINNER)



- You have experience (minimum one year) of riding a mountain bike/ e-mountain bike off-road.
- You can change gears, brake and pedal efficiently.
- You are comfortable on trails approximately 1 metre (36 inches) wide that are generally firm and stable.
- You are comfortable traversing unavoidable obstacles such as roots and rocks that are up to 10cm (3 inches) tall.
- Typically you ride GREEN rated trails.

LEVEL 2: (INTERMEDIATE)



- You have been riding a mountain bike off-road for a few seasons.
- You can brake, use gears and corner with confidence.
- You are comfortable on trails approximately 45cm (18 inches) wide that are mostly stable with some variability and loose dirt.
- You are comfortable traversing unavoidable obstacles such as roots, rocks and logs that are 40cm (8-10 inches) tall.
- You'll have a go on moderate technical features, such as small rock gardens, small drops and steeper sections, but may get off and walk certain technical features.
- Typically you ride BLUE rated trails and some Black.

LEVEL 3: ADVANCED



- You are a confident mountain biker and have been riding highly technical single track for a few years.
- You have excellent bike handling skills and can lift front and rear wheels, do small jumps, corner, climb and descend steep trails.
- You are comfortable riding on steep trails approximately 30cm (12 inches) wide that vary greatly in their stability and may be unpredictable including loose rock.
- You are comfortable regularly traversing unavoidable obstacles such as roots, rocks, logs, step ups and drop offs up to 45cm (18 inches tall), and some obstacles you encounter may exceed that.
- Typically you ride Black rated trails and some Double Blacks.

LEVEL 4: EXPERT



- You are an expert mountain biker and have been riding expert level trails for at least 3 years.
- You are comfortable riding on extremely steep trails of any width that are highly unstable and are completely unpredictable, including loose rock.
- The trails you ride have a high level of consequence.
- You are comfortable regularly traversing unavoidable obstacles such as roots, rocks, logs and drop offs well over 60cm (24 inches) tall, and many obstacles encountered will exceed that.
- Typically you can ride every trail you come across including some Pro Lines.